

# **CMAC PARENT CODE OF CONDUCT:**

## **Your Responsibility as a CMAC Parent:**

As a member of the CMAC community, you assume certain obligations to the Club and responsibilities to the sport of skiing and its participants. CMAC parents and families pledge to act in a manner that honors the sport of ski racing by demonstrating respect to athletes, coaches, officials, the general public, and fellow parents.

CMAC prides itself on a culture that values sportsmanship, community, mutual respect, safety, fun, teamwork and inclusivity.

Your participation in CMAC, as a parent, has a huge effect on how well we implement these values. Parents, coaches, and officials must always remember that our mission is athlete-centered and athlete-driven.

By your child joining the CMAC program, you voluntarily agree to abide by, follow, and be held to, the standards stated in the CMAC Parent Code of Conduct below.

## **CMAC Parent Code of Conduct:**

### ***As a CMAC Parent, I promise to...***

- Maintain high standards of moral and ethical conduct, which includes self-control, moderation, responsible behavior, consideration for the physical and emotional well-being of others, courtesy, and good manners.
- Never emphasize winning above the values of Sportsmanship, Mutual Respect, Safety, Fun, and Teamwork.
- Monitor my expectations of my child's performance and progress, realizing that a child who feels they cannot meet their parents' expectations will quickly lose motivation to progress.
- Use positive speech with athletes and adults alike.

- Be constantly vigilant and aware of my tremendous influence on athletes and the CMAC culture and reputation at large.
- Obey all rules and regulations set forth by U.S. Ski & Snowboard, PNW Division, SafeSport, CMAC, Crystal Mountain, and all mountains that you travel to.
- Become familiar with the guidelines for long-term athlete development and age-appropriate training for athletes as described by U.S. Ski & Snowboard Training Systems.
- Attend scheduled Parent meetings, orientations, and team meetings as invited.
- Refrain from “coaching” their child or other athletes, unless expressly invited to do so by the coach in charge of the training session.
- Commit to the success of CMAC fundraising programs, realizing that these programs provide my child with a platform for success in sports.

### **Relationship with Crystal Mountain Resort**

A key reason for our organization’s success since its inception has been the generosity of Crystal Mountain Resort. Their support includes discounted lift passes for hosted events, special grooming considerations and many other concessions. Crystal Mountain provides us with our training facilities.

CMAC’s future is closely tied to our relationship with Crystal Mountain and we expect every effort to maintain and strengthen this vital relationship by being responsible guests and following all applicable Crystal Mountain Resort operating rules.

All contact with Crystal Mountain Resort personnel should be positive, friendly and professional.

### **Communication with Coaches:**

While we highly encourage you to get to know the staff and your child’s coaches, we also encourage you to set up a scheduled appointment, or call if you have questions or have something to discuss with a coach after the end of a training session.

## **During Training and Competition:**

- Please feel free to observe your child's training, but please be discreet and do not adversely interrupt the sessions by talking to your athlete or the coaches. Many athletes can be distracted if their families are overly present at training. At competitions, a parent's role is to support the athlete while respecting the athlete's need for space and the coach's job.
- In case of emergency please contact your child's Head Coach, who should have furnished a cell number and who can in turn locate a specific athlete as needed.
- Volunteer and help with events.
- Parents are our ambassadors at races and events. Support the coaches and athletes by respecting the event volunteers, following any rules that are set forth, and offering your assistance when possible.
- Allow the coaches to coach. Please allow the athletes and coaches the space they need on the hill. For safety reasons, race and training venues are closed arenas to everyone not actively volunteering, working, or racing.
- Respect the coaches' decisions. They are professionals trained to maximize your athlete's experience on each competition/trip.
- If you have questions or concerns about results, fairness, or any other issue at a competition, direct questions to the coach and they will contact the official who represents the athletes (when necessary) through appropriate channels.